



# THE WORLD OF EMOTIONS

*Navigating the good, the bad, and the opportunities.*

**HPSAANZ Online Conference 2022**

*Pre-conference Program*



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# Kia ora koutou,

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Hi, hello, welcome,

2022 online conference is nearly here.... for this year we know that the 2022 online conference is going to be a awesome opportunity to learn, share and grow, both personally in our practise and as a profession.

We have an amazing group of keynote speakers that we are excited to introduce to you and we know you will get alot out of these two days. There will also be an accompanying digital professional development line up in 2022 that will offer you the opportunity to not miss out on some of the amazing Play Specialist presentations that would have been offered in person.

Each conference day is concluded with a group discussion that will be navigated by a senior HPS to allow for specific relevant conversations. This will provide an opportunity to see other HPS, network and collaborate.



*Raquael Jones*

Conference Coordinator on behalf of the amazing Conference Programming Committee and the HPSAANZ Exec

But how will your online p.d how count for registration? I hear you ask? We are working with the Registration Council on some templates for reflective writing that can be done post-presentations to use as documentation. More information about this will be available shortly.

Tickets will be available until 1/3/22 so get in quick <https://www.hospitalplay.org.nz/conference.html>.

Please note a more comprehensive Conference Program will also be available closer to the date.



# Conference Programme Day 1

Friday 25<sup>th</sup> March 2022

8:45am- 9:00am	Welcome and Opening
9:00am- 10:30am	Presenter 1– Martin Chadwick
10:40am- 12:10pm	Presenter 2 – Dr Fiona Miles
12:15pm- 1:15pm	Lunch
1:15pm- 2:15pm	HPSAANZ AGM
2:30pm- 4:00pm	Presenter 3 – Lanne Jensen-Wade
4:15pm- 5:00pm	Group Zoom Discussion led by Senior HPS

*\*All times are NZDT*



# Conference Programme Day 2

**Saturday 26<sup>th</sup> March 2022**

<b>8:45am- 9:00am</b>	<b>Welcome</b>
<b>9:00am- 10:30am</b>	<b>Presenter 4– Anton Blank</b>
<b>10:40am- 11:40am</b>	<b>Presenter 5 – Sharlene Clements</b>
<b>11:50am- 12:50pm</b>	<b>Lunch</b>
<b>12:50pm- 2:30pm</b>	<b>HPS Information Session- Updates from Registration Council, HPS Exec, and Future Education developments</b>
<b>2:40pm- 4:10pm</b>	<b>Presenter 6 – Stephen Parkinson</b>
<b>4:20pm- 5:00pm</b>	<b>Group Zoom Discussion led by Senior HPS and Closing</b>

*\*All times are NZDT*



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# Keynotes Day 1

## Speaker 1



### **Dr Martin Chadwick, Chief Allied Health Professions Officer Office of the Chief Clinical Officers**

Adding Value: Creating Confidence in the value added in a Complex Health System

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Healthcare is complex. The reforms that we are about to embark on reflects that systems do not always allow for the care that people within the system desire to deliver. This is made all the more difficult being a small profession that is not always universally understood. The intent of this presentation is to reflect on the role of Chief Allied Health Professions Officer within the Ministry of Health, the approaches that have been taken to raise the profile of the Allied Health professions, and in turn what they mean for Hospital Play Specialists. Specifically we will look at how to take the uniqueness of what the profession does and articulate clearly how it adds value in the now, and how it could add further value as we move towards Health New Zealand

Martin is the Chief Allied Health Professions Officer within the Ministry of Health, working in partnership with the Chief Medical Officer and Chief Nursing Office in providing transdisciplinary clinical leadership and advice. The role works at a systems level as well as providing support to clinicians, programmes and projects across the Ministry. He is aligning a work programme around what he describes as the five challenges facing allied health. This includes the challenges of demonstrating the value add of the allied health professions to population health outcomes; and working towards the concept of transdisciplinary working in the provision of healthcare services. Martin was the 2019-20 New Zealand Harkness Fellow in Health Care Policy and Practice. He has completed his doctoral degree in 2019 examining health workforce change. He is passionate about the untapped potential that allied health professions can bring in improving the quality of care provided to our populations, and in turn better meeting equitable population health needs.



## Speaker 2

### Dr Fiona Miles

Navigating emotions in a paediatric intensive care unit

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Fiona is a paediatric intensivist at Starship Children's hospital. Her interests are medical mediation, communication, resilient health care, clinical excellence and ethics. Fiona is on the ADHB clinical ethics committee and working towards a PhD in ethics.

Navigating emotions in a paediatric intensive care unit is challenging. This talk will give an overview of the issues relating to these emotions, and discuss what works (and what does not!) based on Fiona's experience in intensive care.

### Lanne Jensen-Wade

Providing Mahi-a-Wairua in our communities

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Lanne Jensen-Wade, trading as Indigenous Light Tapui Ltd, supports individuals, whānau, hapū iwi and the wider community across Aotearoa through Te Ao Māori in their holistic healing journey. The intention being to provide Wairua wānanga and work intensely with referred individuals, from pepi to kuia and koroua, through mirimiri and healing practises in Mahi-a-Wairua. Indigenous Light is committed to their vision for every whānau across the world to be engaged in healing.

To provide best practice we follow Tā Mason Durie's Whare Tapawhā Model and our Framework based on Io Matua, Atua o Te Ao Māori, Tūpuna ma and kaitiaki ma coming together to support and provide healing.

Through Lanne's background in Education and Māori Health she will support the HPSAANZ conference by talking through how what she does in Wairua and how this can impact on tamariki, hauora, and mental health and bringing the two together in the space you work in utilizing the Whare Tapawhā Model to showcase this. From a Wairua perspective, Lanne will share ideas and strategies that can be implemented to assist the healing of others, and for individuals' and their self-care in their chosen field. This will include simple tips for example Ōrongo (meditation), grounding using our natural elements and other mindfulness activities.

# Keynotes Day 2

## Speaker 4

### Anton Blank (Ngāti Porou, Ngāti Kahungunu)

#### Racism, bias and wellbeing in the healthcare setting



Anton Blank will explore the dynamics of racism and implicit bias and how these phenomena play out in the health sector. Using a kaupapa Māori wellbeing model, he will explain how workers can move out of a deficit paradigm into a new mode to release the potential in families.

Anton Blank has an extensive history in social work, communications, Māori development, public health and literature. Anton has held senior roles in the government and not for profit sectors, including Communications Services Manager at the Ministry of Education and Executive Director of the Māori child advocacy organisation Mana Ririki. Anton was the Principal Investigator of the 2016 report *Unconscious bias and education – a comparative study of Māori and African American students*. He now works across justice, health and education, developing strategies to mitigate unconscious bias and its impact on Māori. Anton is also the editor and founder of the Māori literary journal *Ora Nui*

## Speaker 5

### Sharlene Clements

#### Establishing A Day Care with a Difference



Sharlene's background is 25 years of Paediatric nursing which is practiced both in New Zealand and overseas. Sharlene has also recently graduated as an ECE teacher, which allows her the unique ability to practice both nursing and teaching simultaneously.

Sharlene is a mother of three children and three step children; and her home is in Whangarei Northland. Sharlene is very passionate about supporting families and building relationships with others. It is through working with families in the community that sparked the concept of opening 'Kindhands'.

Kindhands comes from her heart and Sharlene is reminded every day that a little bit of kindness goes a long way to making someone else feel good! Kindhands is based on providing quality Early Childhood Education and Respite Care for children with medical needs and or a disability. The service is inclusive and equity is at the core of everything we do at Kindhands. "It is my belief that any child can be ANYTHING they want to be".

## Speaker 6

### Stephen Parkinson MHS, MNZAP.

Spirit in a world of emotions: The role of spiritual care in supporting sick children.

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Stephen is a registered psychotherapist at True Colours Children's Health Trust in Kirikiriroa. He supports children and teens living with serious chronic health conditions and their families. This includes bereavement care. Originally from England, he has been a trainer in Gestalt Psychotherapy (GINZ) for over 20 years.

This presentation will include findings from Stephen's Master's research. Spiritual care is increasingly recognised as an aspect of good holistic care of a child. In Aotearoa we are guided by Mason Durie's Te Whare Tapa Wha as a model in healthcare.

However studies tell us that health professionals across all disciplines generally feel poorly equipped to provide this care; there is confusion between spirituality and religion and a concern about getting it wrong. Children have a profound need for authentic caring connection, to feel safe in a scary world, and they wrestle with emotionally overwhelming themes such as 'why is this happening to me?' and 'what will happen when I die?' Being alongside a child with serious health issues, challenging questions and intense emotions also impacts on us as health professionals. It best serves a child when we are able to moderate our own emotional reactivity to find our own still centre.



# Tickets

- 2-Day Conference Ticket (Friday & Saturday) \$300.00
- 2-Day Conference Ticket (Friday & Saturday) Member \$250.00

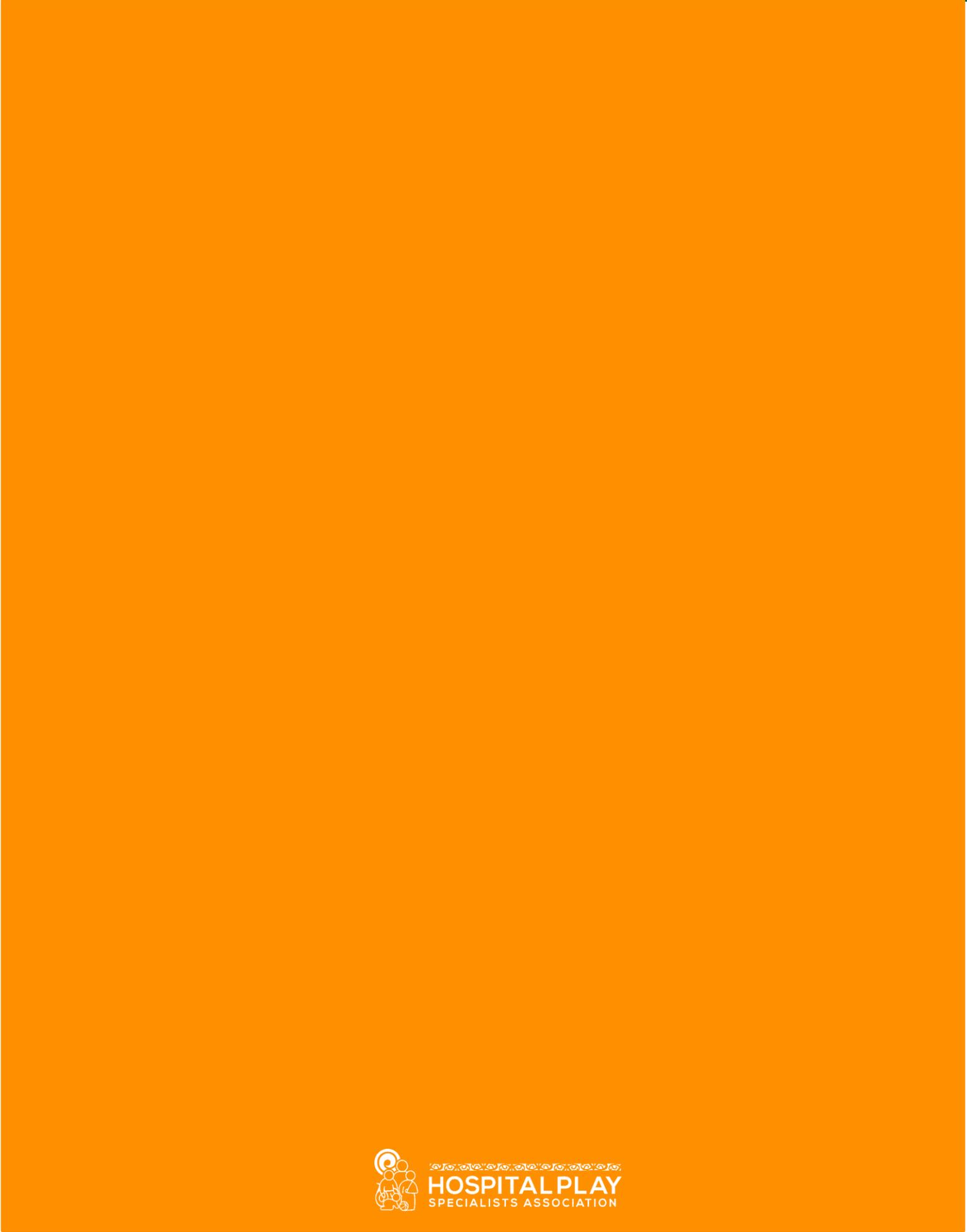
\*All tickets will allow one month access to all speaker recordings from 28/3/22- 24/4/22.

Tickets are available through our website

<https://www.hospitalplay.org.nz/conference.html>

*The HPSAANZ has endeavoured to keep conference costs low and affordable and in line with other similar conference offerings. We understand that times are tough right now and want to provide opportunities for everyone to attend our conference. If you are experiencing financial difficulties and want to attend our conference please contact us to discuss confidential alternative financial options for assistance. We are here for you.*





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